

# Research on thanksgiving education of college students in new era

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**Abstract:** *Thanksgiving education is of great significance to cultivate the healthy personality of college students, improve the effectiveness of moral education and construct a harmonious society. In view of the current situation of lack of Thanksgiving consciousness among college students, it is necessary to carry out Thanksgiving education among college students. Therefore, efforts should be made to create a Thanksgiving education atmosphere, establish an effective Thanksgiving practice mechanism, and do a good job in Thanksgiving education.*

**Keywords:** college students, Thanksgiving, Thanksgiving education

## 0 Introduction

The key to happiness in life is what kind of heart you have to look at the world around you. With Thanksgiving, we can gradually forgive those who have grudges and even touch the depths of the heart of those people and things. Thanksgiving education refers to the humanistic quality education that educators use certain educational methods and means to arouse the Thanksgiving consciousness of the educated through certain content of Thanksgiving education, so as to promote them to take Thanksgiving actions and achieve the goal of building a caring society[1]. Thanksgiving education is a kind of emotional education, is a kind of moral education in return for good, but also a kind of humanity education to arouse human nature. Based on the characteristics of contemporary college students, the present situation of Thanksgiving and Thanksgiving education approaches, this paper provides a reference for ideological and political educators to effectively cultivate college students' Thanksgiving consciousness.

## 1 Current status of thanksgiving education

It should be said that the mainstream of the overall quality of contemporary college students is positive and healthy, but as for the sense of Thanksgiving, some college students are very indifferent[2]. In terms of the status quo of the Thanksgiving consciousness of the main problems are as follows: self-centered, at ordinary times more capricious, selfish, only pay attention to their feelings, not put themselves in for others, not understanding the parents' hardship, profligacy parents hard-earned money, and get into a bad habit of arrogant inevitability[3]. It can be said that the doting parents and the lack of social responsibility make them do not know how to thank, do not want to appreciate, will not be moved the

"indifferent generation." The status quo of these indifferent Thanksgiving consciousness rings the alarm bell to us: Thanksgiving education is imperative.

## **2 The necessity of thanksgiving education**

Rousseau once said "there is no true virtue without Thanksgiving". It is necessary to carry out Thanksgiving education in colleges and universities. The author believes that doing a good job in Thanksgiving education in colleges and universities has the following advantages:

**Thanksgiving education should be a part of college moral education and make it be one of the basic moral qualities of college students.** Under the influence of individual value in economic society, contemporary college students show self-centered behavior tendency. Many college students are indifferent to their parents' upbringing, lack of Thanksgiving for the teacher's teachings and no Thanksgiving for the relief of society. A philosopher once said that the greatest tragedy in the world is when a man says that no one has given me anything. Only know how to be grateful, to know how to respect others.

**Thanksgiving education is conducive to promoting college students' sense of responsibility to repay the society.** In recent years, many poor college students have completed their studies by relying on social assistance and state-subsidized loans. However, some students do not repay the state loans after graduation. Some people get the opportunity to go abroad for further study after graduation from university, but they break the contract and do not return to China. To enhance the consciousness of college students to repay the society, it is necessary to carry out Thanksgiving education.

**Thanksgiving education is an important part of cultivating students' healthy mentality, which is conducive to the healthy growth of college students.** Thanksgiving education is the need of healthy growth of college students, which plays a positive role in shaping and improving their healthy physical and mental quality. Rousseau said: "A person who does not know how to move, Thanksgiving, is a most ignorant, the most failed person, is also the most unworthy of respect." In addition, college students have received many blessings during their growth, such as the cultivation of the state, the gift of nature, the upbringing of parents, the teachings of teachers, the care of relatives and friends, the service of others, and the help of kinder people when they are in trouble, etc. Thanksgiving education can help to encourage college students to introspect, examine, and understand their parents' hardships and others' kindness, value, respect and appreciate others' efforts to themselves, so as to activate their sense of social responsibility.

**Thanksgiving education is the need to build a harmonious society and a harmonious campus.** The key to build a harmonious society is to regulate and coordinate the relations among various elements of the society in a reasonable and orderly way and to resolve various social conflicts and conflicts in a reasonable and effective way. It needs the supply of various social material conditions and cultural and spiritual resources, as well as moral resources and ethical norms as the main support. Moral connotation is very rich. Thanksgiving is an important aspect of moral. To build a harmonious socialist society, we still need tens of

millions of specialized talents and a large number of top-notch innovative talents, among which college students are undoubtedly the main force. Students only learn to be grateful, for your correct understanding and social relationships with others, and will send to life with hope, kindness to others, to work with respect, and return to society, to the society in harmony with people, let the world filled with love, so as to realize the three great harmony of man and self, man and society, human and nature. In this sense, Thanksgiving education plays a unique and irreplaceable role in building a harmonious campus and society.

### **3 The way of thanksgiving education**

**Create an atmosphere of Thanksgiving on campus.** Environment has a very important influence on the formation of students' thought and behavior. Therefore, to create a campus environment full of Thanksgiving atmosphere for students is an effective way to implement Thanksgiving education in colleges and universities. First of all, you can post famous sayings and short stories related to Thanksgiving in the classroom, dormitory and campus publicity column, and use the campus network to carry out Thanksgiving discussion and publicity.

**Strengthen teachers' and counselors' sense of Thanksgiving and teach by example.** Only by leading by example can teachers be qualified to educate students, play a good role model among students, and more conducive to creating a good Thanksgiving education environment for students. Attach importance to the counselors' ideological and political work at the grass-roots level. Student counselors are ideological and political workers and moral education workers at the grass-roots level. They are young and active, close to students' life and thoughts, and have close contact with students. They are easy to have spiritual dialogue with students, and their views are easy to be accepted by students. Therefore, the best way to carry out Thanksgiving education in students' work is to rely on the exemplary role of student counselors and emotional transfer, that is, counselors take the lead in following the example, deeply grateful heart, heart of love and full of humanistic feelings. But moral education is not a simple relationship that I teach you. Therefore, instructors should focus on the emotional communication and life experience exchange between the two sides while communicating, talking and educating the college students. In particular, they should consciously give students some inspiration and internalization so that they can share their feelings and experiences with each other.

**Create a situation to stimulate students' feelings of Thanksgiving.** The so-called situation education, is to use certain educational means and methods, through the creation of Thanksgiving parents, Thanksgiving teachers, Thanksgiving students and Thanksgiving society and other situations, to the educated have a purpose, step by step to implement awareness, knowledge, Thanksgiving, even mercy humanistic education. As for colleges and universities, they should actively integrate the resources of schools, families and society, and take Thanksgiving situations, that is, various interpersonal interaction situations or social life situations, as the materials for Thanksgiving education, so as to inspire and infect the hearts of college students and stimulate the feelings of Thanksgiving of contemporary college students. At present, there are more Thanksgiving holiday, such as Thanksgiving Day, father's day, mother's day, teacher's day and so on; There are more advanced people and things of

dedication spirit, such as "learn from Feng LEI in March" and so on; There are also more films and books with the significance of commemorating Thanksgiving. Colleges and universities can integrate daily activities such as student league activities into the activities, so that students can feel and recognize Thanksgiving from an emotional perspective.

**Combine school education with family education.** Japan not only attaches importance to Thanksgiving education in colleges and universities, but also emphasizes the coordination between community and family education. Parents practice in families to strengthen their children's Thanksgiving awareness and behavior. In order to make students understand the history, culture, tradition, community often organizes the student to visit cultural sites in the region has distinguishing feature, factory and craft workshops, which let students know about your growth, during which concern and help. They also organize students to participate in community volunteer activities, practice Thanksgiving. We can learn from Japan's role of family and society in cultivating college students' sense of Thanksgiving. First of all, family, as the starting point of children's development, should become the basis of cultivating students' sound personality and rich humanity. Secondly, strengthen the function of community education, expand the life experience opportunities of college students, and play the role of community as a carrier.

#### 4 Conclusion

As a university, how to make up the lesson of "Thanksgiving" for today's college students, effectively implement "emotional education", cultivate "Thanksgiving culture" to purify their inner world, correct their world outlook, outlook on life and values; How to make them bear the heart of love, filial piety and Thanksgiving, learn to be grateful, learn to coexist, learn to tolerate and so on, these should be the problem that every ideological and political educator thinks together at present.

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